Times of change and distrust create challenges and some valuable lessons for leaders.

Harvard Developmental psychologist Dr Robert Kegan drew on the work of Viktor Frankl’s logotherapy in which he referred to human beings as “meaning-making machines”. This idea asserts that humans’ primary motivation is to make sense of life and that people are constantly making meaning, especially in adverse or pressurised circumstances. In the light of that, what meaning are we to make of the new world order in which we find ourselves?

Acres of column print over recent weeks have attempted to rationalise a U.S. election result that for many in Europe was unthinkable. It is interesting now to consider what may have happened, what we may infer from it.

Confirmation Bias

First, it appears that the majority of voters in the U.S. were subject to that most famous of biases: confirmation. People in thrall to this bias recall or
seek only information that supports their own beliefs, making them far less likely to consider alternative arguments. The Western press, our primary information source, was essentially a pro-Clinton liberal bubble fuelling our stance. However, when beliefs become extreme they suppress cognitive functioning. In a famous Stanford experiment, people with strong views on both sides of capital punishment were offered mixed evidence about its efficacy. Twenty-three percent of people in the experiment reported that their initial attitudes became more extreme.

This goes some way to explain why Trump and Clinton supporters “dug in”, supporting their candidate despite the controversies enveloping their candidates. What they were reading or watching, sometimes on “fake news” sites, entrenched their views and repressed critical thinking.

**The Appeal to Pathos**

Second, as my colleague Professor Quy Huy has commented, the candidates took vastly different approaches to winning over potential voters. Trump may not have been aware, but his win was underpinned by the classical Aristotelian art of persuasion embedded in the threefold axiom of ethos, pathos and logos (in other words the appeal to ethics, emotions or logic). Clinton was infinitely more prepared intellectually, carefully crafted her arguments, and was eloquent and insightful about the issues, giving her the logical appeal.

Trump, despite the questioning of his abilities, convinced many voters that a man who had run a corporation could run their country, thus ticking the ethos box. By connecting with the portion of the electorate that was hopping mad with Washington and the so-called “political elite”, he also had emotional reach. And it was this raw emotion that proved more powerful than logic at the ballot box.

**The Idealised Outsider**

In times of turbulence, organisations are increasingly turning to a leader from outside the corporation for salvation. Outsider CEOs such as William Perez of Nike and Jeff Nugent of Revlon were hired by boards to lead companies through major transformations, but interestingly, did not make it through a two-term post succession period.
According to the Washington Post in 2014, the number of incoming outsider CEOs was 22 percent, up from just seven percent in the 1970s. Seemingly, the U.S. electorate has bet on an outsider with Donald J. Trump.

Research suggests this can work, albeit with caveats. In 2012, MIT Sloan did a wide ranging 30-year longitudinal review of 90 companies that had brought in an outsider and found that success was highly correlated with radically overhauling the top team. Trump has certainly done that.

The review found that outsiders were competent at creating benefits through cost cutting. Their results however were mixed in driving growth unless they were in high-growth environments with fistfuls of options to grasp. Lou Gerstner at IBM and Jim McNerney at 3M are references for transformational outsiders who leveraged growth opportunities. The U.S. however, is only just returning to growth. So, Trump, with his own cadre of outsiders, may create a short term blip by reducing regulation, benefits and tax breaks but could be limited in his subsequent options.

Of note, the study found that outsider CEOs who changed strategy too quickly underperformed and CEOs who did not have the patience to build their network were swiftly ejected.

Splitting

It could be argued that what we witnessed in the U.S. election was a defence mechanism known as “splitting”: black-and-white thinking focused selectively on positive or negative qualities.

Emanating from object relations theory, splitting suggests difficulty in holding or valuing opposing views about oneself or others. The demonization of both candidates during the election suggests it was largely impossible for core voters on either side to recognise any good in the other.

The interesting and controversial thing about splitting is that the “other” represents a part of oneself to which we have not reconciled. As individuals, our disgust at Clintons’ alleged lawbreaking or Trumps’ misogyny or racism, are possibly elements we have experienced in ourselves at some point and moved beyond. The traces however, may still be there.

Progress
Finally, the election is a reminder that progress is jagged. There are no neat 45-degree trajectories to get us from A to B. It is the human condition to negotiate, barter, debate and object. We have done so since the Greeks introduced democracy. In the last 100 years there has been dramatic progress: universal suffrage, equal rights for minorities and, more recently, climate accords and nuclear arms reduction treaties, all of these navigated and negotiated with massively divided opinion on both sides. Yet they stand. Progress will continue its jagged path, but upwards.

**Lessons learned**

Looking back, here are leadership lessons learned from a tumultuous time:

1. **Be on your guard for bias.** Seek out contrary opinions. Don’t surround yourself with “yes men”. As the saying goes, if things seem too good to be true, they probably are.

2. **Use pathos.** Listen to the music beneath peoples’ words. Ensure you fully understand what people are feeling. Address and acknowledge the feelings and act on them, even if they are uncomfortable.

3. **Avoid splitting.** Challenge binary thinking. It is rare that things are clear-cut. Transformational leaders are problem-seeking not problem-solving. Ask difficult questions. Keep options open as long as possible, and then decide quickly.

4. **Progress is not guaranteed.** Expect setbacks. Screenwriters say “character is action under pressure”. Leaders are paid for the tough days not times when it is business as usual. Maintain your self-awareness at these times and take time for reflection.

Populist demagogues, idealised leaders who will theoretically solve all our ills, will come and go. In the end, the leadership we exercise at grassroots, in our homes, communities and organisations, driven by universal human values will suffice to overcome the grief we may sometimes feel when life does not fulfil our expectations.

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