Constructive dialogues and sustainable negotiation strategies can bring us closer to a more humane world.

The world is becoming more interconnected. Digital platforms and social media are giving us a greater “voice” and more ways to form groups, which enable the airing of diverse opinions and can lead to higher chances that we’ll disagree with one another. Unsurprisingly, we are seeing great polarisation and conflicts in many parts of the world. Research shows that fixed-pie or zero-sum mindsets are increasing, which can lead to more adversarial and distrustful situations, and even power escalation and wars.

Negotiation and conflict management are ever more important in these times. What we really need is not just a one-time “win”, but more constructive dialogues and sustainable negotiation strategies.

In this podcast, the co-founders of INSEAD’s Negotiation and Conflict Management Collaborative (NMC), Horacio Falcão, Roderick Swaab and Eric Luis Uhlmann, discuss the art of negotiation and conflict management. They explain how developing these skills will not only increase tolerance, but also help people transform disagreement into opportunities to work together and create value – in other words, expanding the pie instead of trying to
expand their share of a “fixed pie”.

Listen to "Negotiating Beyond Win-Win" on Spreaker.

Of the many ways value can be created through negotiation, one of them is the potential to reduce social and economic inequality. **Empowering individuals** with negotiation and conflict management skills can be a means to reduce unfair or unequal outcomes. Training is therefore important, yet it is not always within reach. Falcão, Swaab and Uhlmann share why they started the free teaching resource platform known as the **Negotiation Course for the World**. The objective is to empower those without access to negotiation education by providing free role-play exercises, lecture slides and other teaching materials to instructors around the world.

Clearly, value can take many forms. Negotiation is not just about **winning**; it is about cooperating to create value. It’s not just about the outcome, but about the process – including how you conduct yourself and the choices made along the way. The co-founders of NCMC share some tips for effective negotiation:

1. Listen
2. Be respectful; consider the feelings of the other party and the relational outcome you want to achieve
3. Use persuasion, not coercion (or power plays)
4. Mind your reputation
5. Don’t oversimplify the situation
6. Consider the rights and concerns of stakeholders who may not be present in the negotiation
7. Frame the negotiation as a problem to be solved rather than a confrontation

Ultimately, when we learn to interact with others with a win-win mindset, we can build a more humane world – one negotiation at a time.

Find article at
https://knowledge.insead.edu/strategy/negotiating-beyond-win-win

About the author(s)
INSEAD Knowledge is the expert opinion and management insights portal of INSEAD, The Business School for the World.

Horacio Falcao is a Professor of Management Practice of Decision Sciences at INSEAD and a co-founder of the Negotiation and Conflict Management Collaborative. He is also the programme director of INSEAD's Negotiation Dynamics and Certificates in Negotiation programmes.

Roderick Swaab is a Professor of Organisational Behaviour and the INSEAD Chaired Professor of Leadership and Conflict Resolution. He is a co-founder of the Negotiation and Conflict Management Collaborative and the Academic Director of INSEAD’s PhD programme. He currently directs the Advanced Negotiations and Negotiation Fundamentals courses.

Eric Luis Uhlmann is a Professor of Organisational Behaviour at INSEAD and a co-founder of the Negotiation and Conflict Management Collaborative. His research interests include stereotyping and discrimination, moral judgments and behaviours, and the crowdsourcing of science.